



# Report for Example Organisation



Subjects tested : 5  
Report Type : All subjects



## Subjects who have taken stress leave in the past 12 months

Yes	 40%
No	 60%

## Signs and Symptoms

Collectively your organisation is experiencing **10%** of all possible mental, physical, emotional and behavioural signs and symptoms of stress.

### MENTAL

High	 20%
Low	 80%



### BEHAVIOURAL

High	0%
Low	 100%

### PHYSICAL

High	0%
Low	 100%

### EMOTIONAL

High	 20%
Low	 80%

## Personal stress levels

Under Aroused Zone	0%
Optimum Performance Zone	 40%
Burnout Zone	 60%

## Tolerance to change








### Ability to tolerate new and unfamiliar situations

Lower than average	0%
Perfect	 20%
Near perfect	 20%
Reasonable	 60%

### Ability to be tolerant of problems that are very difficult to solve.



Lower than average	0%
Perfect	 40%
Near perfect	 20%
Reasonable	 40%

### Ability to effectively tolerate multiple, distinctive or unrelated information



Extreme difficulty	 100%
Great deal of difficulty	 0%
Difficulty	 0%
Lower than average ability	 0%
Perfect ability	 0%
Near perfect ability	 0%
Reasonable ability	 0%

### Personality Type



#### Competitiveness

Healthy	 60%
Unhealthy	 40%



#### Anger

Healthy	 60%
Unhealthy	 40%









#### Impatience

Healthy	 40%
Unhealthy	 60%

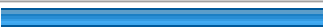




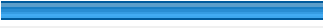
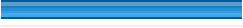


#### Life Imbalance

Healthy	 40%
Unhealthy	 60%

### Time Management Stress

Organisation wide short term coping	 39%
Organisation wide effective delegating	 44%
Organisation wide developing resilience	 38%
Organisation wide eliminating stress	 41%
Top quartile for handling stress in terms of time management	 20%
Second quartile for handling stress in terms of time management	 0%
Third quartile for handling stress in terms of time management	 0%
Bottom quartile for handling stress in terms of time management	 80%

### Workplace Stress

Role Conflict	 80%
Role Overload	 100%
Role Ambiguity	 80%
Nonparticipation	 80%
Underutilisation	 80%
Undervalued	 80%
Resource Inadequacy	 60%
Future Uncertainty	 60%
Responsibility	 80%

Role Insufficiency	80%
Role Boundry	60%
Bullying	80%

### Workplace Stress Recommendations

Social days for sales teams are recommended to improve bonding and team spirit

### Burnout

Candidate for meltdown	40%
Coping	0%
Working well	20%
Not tested	40%

### Susceptibility to stress

Major	0%
Moderate	0%
Mild	60%
Low	40%